

# Four Corners Growth Mindset Evaluation Activity



**SINGLE LESSON** - Teacher Facilitation Guide

Grades 8-12

## ABOUT THIS RESOURCE

This activity provides you with an opportunity to evaluate your students' mindsets. Students have the opportunity for physical activity while engaging with the material, one another, and you.

During a session of Four Corners, students are asked to respond to a statement or question by moving to different corners of the classroom.

If necessary, customize the templates on the following pages for your students' needs.

## HOW TO PREPARE

1. Preview the activity and resources: [teacher statements](#), [student tracker](#), labels.
2. On the day of the activity, label each corner of your classroom with a response large enough for your students to read.
3. Prepare tracking sheets. For this activity, students will need to track their answers as they move around in order to score themselves later.
4. Explain the directions:
  - a. In each corner of the classroom is a response,
  - b. As I read a statement, you'll decide on one of the four responses,
  - c. Move to that corner as quickly as possible,
  - d. Take a few moments to track your response on the sheet provided,
  - e. After I am done with all eight statements, go back to your seat and add up your points.
5. Hand out the student tracker sheets.

6. When students are ready, read the chosen statement or out loud and ask students to move to the corner they agree with.
7. Remind students to record their answer on the tracking sheet.
8. Consider adding a reflection or discussion activity at the end, so students can share what they learned about themselves.

## TEACHER STATEMENTS

1. Your intelligence is something very basic about you that you can't change very much.
2. No matter how much intelligence you have, you can always change it quite a bit.
3. You can always substantially change how intelligent you are.
4. You are a certain kind of person, and there is not much that can be done to really change that.
5. You can always change basic things about the kind of person you are.
6. Music talent can be learned by anyone.
7. Only a few people will be truly good at sports – you have to be “born with it.”
8. Math is much easier to learn if you are male or maybe come from a culture that values math.

# << TEMPLATE >>

## STUDENT TRACKER

	Strongly Agree	Agree	Disagree	Strongly Disagree
Your intelligence is something very basic about you that you can't change very much.	0	1	2	3
No matter how much intelligence you have, you can always change it quite a bit.	3	2	1	0
You can always substantially change how intelligent you are.	3	2	1	0
You are a certain kind of person, and there is not much that can be done to really change that.	0	1	2	3
You can always change basic things about the kind of person you are.	3	2	1	0
Music talent can be learned by anyone.	3	2	2	0
Only a few people will be truly good at sports - you have to be "born with it."	0	1	2	3
Math is much easier to learn if you are male or maybe come from a culture that values math.	0	1	2	3

**Your Points:** \_\_\_\_\_

Strong Growth Mindset = 19 – 24 pts.

Fixed Mindset with some Growth ideas = 9 – 12 pts.

Growth Mindset with some Fixed ideas = 13 – 18 pts.

Strong Fixed Mindset = 0 – 8 pts.

Agree

Strongly  
Agree

Disagree

# Strongly Disagree

*Adapted from: Dweck, C.S. (2006). Mindset: The New Psychology of Success. New York: Random House Inc.*

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