

ORDINARY TO EXTRAORDINARY A CARD GAME

SO SLOW

Slow down and get curious about basic activities.

POINT

Identify a simple common activity to be performed as slowly as possible.

(e.g., tie your shoes, close and open your eyes)



Non-Dominant Challenge

Come up with an activity to perform with your non-dominant hand.

(e.g., cut with scissors, brush your hair, throw a ball)





Question the Ordinary

Identify an ordinary object in the room.

(e.g., a pencil, water bottle)

Think you know everything there is to know about it? Think again!

Once an object is selected by you (scavenger hunt) or the judge (card game) do the following:

- Write down as many questions as possible about the object.

Share and discuss your questions.

- Research to answer a question you're most curious about and share findinas.



Forgery Friends

Our penmanship forms part of our identity. We can generally recognize our own writing.

POINT

Write at least three sentences that others will have to copy to a T.





Walk this Way!

Most of us don't think twice about walking.

Identify a unique or unusual way to walk.

(e.g., take two steps with one leg for every one step of the other, walk sideways by crossing one leg in front of the other)



No-Look Hello

We greet people all the time. Different people greet each other differently. Some people make eye contact. Some people do not. Some shake hands, others bow. What other ways do people greet each other?

Identify a way a person might introduce themselves to someone else.



Expert Express

Identify a question you have about an everyday complexity.

(e.g., How do we get running water? How does a toilet work? Where does my lunch come from?)

Spend 2 minutes researching the question selected by you (scavenger hunt) or the judge (card game) and discuss what you learn.





Basic to Big

We are surrounded by objects that connect to fascinating and important problems.

Identify an everyday object in the room.

Using the object selected by you (scavenger hunt) or the judge (card game):

- Discuss what the material is made from.
- Discuss who you think made it.

Brainstorm global problems or issues that are connected to this object.

(e.g., A piece of food is connected to global warming, starvation. A plastic bottle is connected to problems with global warming.)



Teach Me Something Basic

Every day we perform hundreds of activities without thinking and in our own special way.

Identify something ordinary you do every day.

Explain to others how you do this activity or listen to someone else explain their activity if yours isn't selected.





Teach Me Something Hard

Your ordinary is someone else's extraordinary.

Identify something you do naturally and are good at that might not be as easy for someone else.

(e.g., dancing, a handstand, a yoga pose).

Teach others how you do this activity or have someone else teach you if theirs is selected.



Just Admit It!

There are a lot of things we are aware of, but maybe don't know much about.

Identify something ordinary you think you should know or understand, but don't.

(e.g., Who's the secretary of state? Is Canada a state or country?)

No need to be embarrassed, as most of us experience this.

Then, discuss the answer to the question selected by you (scavenger hunt) or the judge (card game).





Active Listening

What can you do to show someone that you're actively listening?

Identify one strategy you can use to listen more actively.

(e.g., Repeat the other person's words mentally as he or she says them or maintain eye contact with the other person throughout.)

For the rest of the day, practice using the strategy selected by you (scavenger hunt) or the judge (card game).



What's Your Life Like?

Get curious about the people you're playing this game with.

Identify 2 questions you'd like to ask others about their lives outside of school.

(e.g., What do you do on the weekends? Who do you live with?)



What Do You Believe?

Get curious about the people you're playing this game with.

Identify a philosophical question you'd like to ask others to learn about their beliefs and values.

(e.g., What's the purpose of life? What do you value most in life? Do you believe in God? What happens when we die?)



l'm an Open Book

Get curious about the people you're playing this game with.

Identify 2 questions you'd like to ask others to learn about them.

(e.g., What's your favorite movie and why? What's hardest about being 15?)